



We build strong kids, strong families, strong communities.

Private Swim Lessons

Want to learn to swim, but not in a group setting? Sign up for private swim lessons. Sign up on the waiting list at the Welcome Center. Once you have signed up you will be assigned an instructor who will give you 7 half hour lessons. Private swim lessons are for ages **5 years and up**. There is no guarantee on a time frame once on the waiting list.

Fee per lesson: FM \$25 PM \$35 (Minimum of 7 lessons)

Swim Lessons:

The Baierl Family YMCA follows the nationally recognized YMCA Swim Lessons Program, developed by experts and field tested by Y aquatic instructors. In this program participants are taught not only swimming skills, but also skills that will allow them to enjoy aquatics throughout their lives.

The Aquatic staff believes the following information will be of help to class participants;

- All children not potty trained **MUST** wear the swimmies (protective swim pants) into the pool.
- Classes are based on seven lessons of intensive and progressive teaching techniques.
- Each participant **MUST** shower before entering the pool.
- All participants with hair to the shoulders or longer **MUST** either tie it back or wear a swim cap.
- All members under 18 are required to complete a swim test before being permitted in the deep end, lap lanes or on the slide.
- The Aquatic Director or Swim Lesson Coordinator will have a brief meeting with parents before the start of each session. Procedures will be explained and any questions will be answered.

SWIM LESSONS—No refunds will be given after the start of the session. Please book your child's place in a class by the Thursday before the session starts as staffing levels need to be addressed at this time. All classes will be removed from the web site on this day.

Session I: January 4 – February 27

Session II: March 1 – April 24

Class	Day	Time	FM	PM
Inia/Perch	M	10-10:30 a.m.	\$48	\$89
Inia/Perch	Sat	9-9:30 a.m.	\$48	\$89
Pike	M or W	10:40-11:10 a.m.	\$48	\$89
Pike	M or W	1:30-2 p.m.	\$48	\$89
Pike	M	6:30 -7 p.m.	\$48	\$89
Pike	F	10-10:30 a.m.	\$48	\$89
Pike	Sat	9-9:30 a.m.	\$48	\$89
Pike	Sat	10:30-11 a.m.	\$48	\$89
NEW! Eel	M	10-10:30 a.m.	\$48	\$89
Eel	T or Th	10-10:30 a.m.	\$48	\$89
Eel	T	1:30-2 p.m.	\$48	\$89
Eel	M or W	2:10-2:40 p.m.	\$48	\$89
Eel	T	5:30-6 p.m.	\$48	\$89
Eel	F	10:40-11:10 a.m.	\$48	\$89
Eel	Sat	9:45-10:15 a.m.	\$48	\$89
Eel	Sat	11:15-11:45 a.m.	\$48	\$89
Ray/Starfish	T or Th	10:40-11:10 a.m.	\$48	\$89
Ray/Starfish	T	2:10-2:40 p.m.	\$48	\$89
Ray/Starfish	Th	5:30-6 p.m.	\$48	\$89
Ray/Starfish	F	11:15-11:45 a.m.	\$48	\$89
Ray/Starfish	Sat	9:45-10:15 a.m.	\$48	\$89
Polliwog	M	5:30-6:15 p.m.	\$54	\$99
Polliwog	W	5:30-6:15 p.m.	\$54	\$99
Polliwog	Sat	10:25-11:10 a.m.	\$54	\$99
Guppy	W	6:20-7:05 p.m.	\$54	\$99
Guppy	Sat	11:20 a.m.-12:05 p.m.	\$54	\$99
Minnow	T or Th	5:30-6:15 p.m.	\$54	\$99
Minnow	Sat	10:25-11:10 a.m.	\$54	\$99
Fish/Flying Fish	M	5:30-6:15 p.m.	\$54	\$99
Fish/Flying Fish	Sat	9-9:45 a.m.	\$54	\$99
Shark	Sat	11:20 a.m.-12:05 p.m.	\$54	\$99
Adult	F	12-12:45 p.m.	\$54	\$99
Adult	Sat	8-8:45 a.m.	\$54	\$99

**No classes on Friday, April 2, 2010 (Good Friday).*

Class level descriptions are posted on our website at www.ymcaphg.org

